

Letter to the Editor

Scientific Legitimacy of the Term "Anti-Aging"

Dear Editor,

I would like to inform you and the readers of this Journal about the results of analysis of the scientific literature for the term "anti-aging." I did this analysis because I have noticed a growing interest of the scientific community in the exciting topic of anti-aging research and positive changes in the acceptance of the idea of taking control over the aging process.

I have found that the term "anti-aging" is routinely used in scientific literature (like the term "antioxidant," for example), including the texts of scientific articles, their abstracts, key words selected by the authors, and even the titles of the scientific articles. I thought that perhaps you and the readers of this Journal may be interested to know some illustrative examples of legitimate anti-aging studies published in reputable scientific journals by established researchers. Below is a bibliography of such studies. The terms anti-aging in the titles of the publications are highlighted in capital letters:

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- See also: www.src.uchicago.edu/~gavr1/antiaging.html

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